



26th October 2023

Dear Parents/Carers

Re: Year 1 Parent Lunch

To give you the opportunity to see our school meal provision and enjoy a nutritious meal, would like to welcome parents into school to enjoy a school meal along with your child.

All meals are cooked by 'Shires Services' our onsite catering team, who can cater for a wide range of dietary requirements.

Meals for children in **Reception - Year 2 are FREE of Charge**. We would strongly encourage parents to take up this offer for their child, as the children gain so many benefits including social skills and learning to use a knife and fork.

If you would like to purchase a meal to eat with your child, please confirm using the School Gateway App. There will be a charge for the meal for parents of **£2.50**, children are free of charge. Please confirm your booking by Friday 10th November. This is for one parent or carer per child.

Dates and times are as follows:

Arrival time: 11:30am Location: Pupil Hub

1FT Wednesday 15th November

1GM Thursday 16th November

1NS Friday 17th November

Yours Faithfully

R Smith

Miss Smith

Year Leader – Year One

year1@fallingspark.org.uk



WEEK 1 Fresh DINING

MONDAY Everyday favourites **TUESDAY** **WEDNESDAY** Mid-week roast **THURSDAY** **FRIDAY** Take-away day

SAMMY SWEETCORN SAYS...
'Enjoy your lunch!'

OPTION 1	Pork Sausages & Gravy	Chicken Nuggets	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognese	BBQ Chicken
OPTION 2	Cheese & Potato Pie v	Vegetarian Sausage Roll v	Cowboy Pie & Gravy v	Vegetable Goujons v with tomato ketchup	Pizza Selection v
DELI CHOICE	Jacket Potato with filling or French Bread Pizza	Jacket Potato with filling or Chicken Burger	Jacket Potato with filling Cheese Vienna Roll or Ham Vienna Roll	Jacket Potato with filling or Neapolitan Pasta	Jacket Potato with filling or Chicken Noodle Pasta
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & Mashed Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH = A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts
Available Daily - Ham & cheese sandwiches to reception - **Key Stage 2 Deli ONLY**

Food allergen & intolerance information - before ordering speak to our staff about your requirements www.shireservices.co.uk

WEEK 3 Fresh DINING

MONDAY Everyday favourites **TUESDAY** **WEDNESDAY** Mid-week roast **THURSDAY** **FRIDAY** Take-away day

SAMMY SWEETCORN SAYS...
'Enjoy your lunch!'

OPTION 1	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Mac 'n' Cheese Chicken Bake	Shepherd's Pie
OPTION 2	BBQ Veggie Hot Dog v	Mediterranean Quorn v	Veggie Sausage Yorkshire Pudding & Gravy v	Vegan Nuggets v	Pizza Selection v
DELI CHOICE	Jacket Potato with filling or French Bread Pizza	Jacket Potato with filling or Fish Finger Bap	Jacket Potato with filling Cheese Vienna Roll or Ham Vienna Roll	Jacket Potato with filling or Hot Dog	Jacket Potato with filling or Chicken Noodle Pasta
CARBS	Pasta or Potato Crunchies	Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Chips
PUDDING	Mini Ring Doughnuts	Iced Cake	Waffle	Apple Puff Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH = A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts
Available Daily - Ham & cheese sandwiches to reception - **Key Stage 2 Deli ONLY**

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WEEK 2 Fresh DINING

MONDAY Everyday favourites **TUESDAY** **WEDNESDAY** Mid-week roast **THURSDAY** **FRIDAY** Take-away day

SAMMY SWEETCORN SAYS...
'Enjoy your lunch!'

OPTION 1	Fish Fingers or Fish Cake	Breaded Chicken Steak	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Pizza Selection
OPTION 2	Mac 'n' Cheese v	Quorn Bolognese v	Roasted Quorn Fillet & Gravy v	Vegetable & Bean Burger v with tomato ketchup	Nacho Bites v
DELI CHOICE	Jacket Potato with filling or Meatball Sub	Jacket Potato with filling or Bacon & Cheese Melt	Jacket Potato with filling or Chicken or French Salad Wrap	Jacket Potato with filling or French Bread Pizza	Jacket Potato with filling or Chicken Curry & Rice
CARBS	Diced Potatoes or Crusty Bread	Potato Crunchies or Garlic & Herb Bread	Roast & Mashed Potatoes	Rice or Potato Wedges	Chips
PUDDING	Chocolate Crunch	Waffle	Ice-cream Tub	Toffee Apple Slice & Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH = A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts
Available Daily - Ham & cheese sandwiches to reception - **Key Stage 2 Deli ONLY**

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Menu Weeks & Additional Information

WEEK 1

04/09/2023
25/09/2023
16/10/2023
13/11/2023
04/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024
22/07/2024

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Free school meals:
Your child may be eligible for free school meals please contact your school for further information.

Theme day calendar
Look out for these fun menus throughout the year!

SEPTEMBER	OCTOBER	NOVEMBER
DECEMBER	JANUARY	FEBRUARY
MARCH	APRIL	MAY
JUNE	JULY	AUGUST

WEEK 2

11/09/2023
02/10/2023
23/10/2023
20/11/2023
11/12/2023
15/01/2024
05/02/2024
04/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

WEEK 3

18/09/2023
09/10/2023
06/11/2023
27/11/2023
18/12/2023
22/01/2024
19/02/2024
11/03/2024
15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024

for further information
T:01743 250250
www.shireservices.co.uk

