







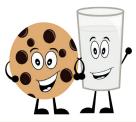


		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		Everyday favourites		Mid-week roast		Take-away day	
SAMMY SWEETSORN	OPTION 1	Pork Sausages & Gravy	Chicken Nuggets	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognaise	BBQ Chicken	
SATS	OPTION 2	Cheese & Potato Pie v	Vegetarian Sausage Roll v	Cowboy Pie & Gravy v	Vegetable Goujons v with tomato ketchup	Pizza Selection v	
'Enjoy your	DELI	Jacket Potato with filling					
lunch'	PASTA	Amigo Meatball Pasta	Makani Chicken with Rice	Tomato & Mascarpone Pasta	Chinese Chicken Curry with Rice	Smokey Pepperoni Pasta	
	CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & Mashed Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta	
	PUDDING	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts	

ALL SERVED WITH - A choice of two vegetables,
freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts
Available Daily - Ham & cheese sandwiches to reception - Key Stage 2 Deli & Pasta King ONLY















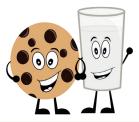
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		Everyday favourites		Mid-week roast		Take-away day		
SAMMY SWEETCORN	OPTION 1	Fish Fingers or Fish Cake	Breaded Chicken Steak	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Pizza Selection		
SATS	OPTION 2	Mac 'n' Cheese v	Quorn Bolognaise v	Roasted Quorn Fillet & Gravy v	Vegetable & Bean Burger v with tomato ketchup	Nacho Bites v		
'Enjoy your	DELI	Jacket Potato with filling						
lunch'	PASTA	Basilica Pasta	Chinese Veg with Rice	Sweet Chilli Chicken with Pasta	Veg Rogan Josh with Rice	Pomodoro Pasta		
	CARBS	Diced Potatoes or Crusty Bread	Potato Crunchies or Garlic & Herb Bread	Roast & Mashed Potatoes	Rice or Potato Wedges	Chips		
	PUDDING	Chocolate Crunch	Waffle	Ice-cream Tub	Toffee Apple Slice & Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts		

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		Everyday favourites		Mid-week roast		Take-away day	
SAMMY SWEETCORN	OPTION 1	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Mac 'n' Cheese Chicken Bake	Shepherd's Pie	
SATS 'Enjoy your	OPTION 2	BBQ Veggie Hot Dog v	Mediterranean Quorn v	Veggie Sausage Yorkshire Pudding & Gravy v	Vegan Nuggets v	Pizza Selection v	
cryog good	DELI	Jacket Potato with filling					
lunch'	PASTA	Amigo Meatball Pasta	Makani Chicken with Rice	Tomato & Mascarpone Pasta	Chinese Chicken Curry with Rice	Smokey Pepperoni Pasta	
	CARBS	Pasta or Potato Crunchies	Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Chips	
	PUDDING	Mini Ring Doughnuts	Iced Cake	Waffle	Apple Crumble Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts	

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