



9th October 2025

Dear Parents/Carers

Re: Year 1 Parent Lunch

To give you the opportunity to see our school meal provision and enjoy a nutritious meal, we would like to welcome parents into school to enjoy a school meal along with your child.

All meals are cooked by 'Miquill' our onsite catering team, who can cater for a wide range of dietary requirements.

Meals for children in **Reception - Year 2 are FREE of Charge**. We would strongly encourage parents to take up this offer for their child, as the children gain so many benefits including social skills and learning to use a knife and fork.

If you would like to purchase a meal to eat with your child, please confirm using the Arbor App. There will be a charge for the meal for parents of **£4.00**, children are free of charge. Please confirm your booking by Friday 31st October. This is for one parent or carer per child.

Dates and times are as follows:

Arrival time: 11:30am Location: Pupil Hub

1FT Wednesday 12th November (*Week 1 menu*)

1GM Wednesday 19th November (*Week 2 menu*)

1RO Wednesday 26th November (*Week 3 menu*)

Yours faithfully

Miss Smith
Year Leader – Year One

yearone@fallingspark.twp.school



DINE

WITH MIQUILL

WEEK ONE

	MONDAY <i>AROUND THE World</i>	TUESDAY <i>Italian</i>	WEDNESDAY <i>Roasts</i>	THURSDAY <i>AROUND THE World</i>	FRIDAY <i>Fish & Chips</i>
DINE Main Meal	Beef Burger in a Bun with Potato Wedges and Baked beans	Beef bolognese pasta bake with Garlic Bread and Sweetcorn or Side Salad	Roast Chicken Stuffing & Gravy with Roast Potatoes and Carrots or Broccoli	Chicken Wrap with Wholegrain Rice and Green salad	Fish Fingers with Chips and Garden Peas or Baked Beans
DINE Vegetarian Meal	Quorn Burger in a Bun with Potato Wedges Baked beans	Lentil Bolognese pasta bake with Garlic Bread and Sweetcorn or Side Salad	Veggie Potato Cakes and Carrots or Broccoli	Cheesy Baked Bean Wrap with Wholegrain Rice and Green salad	Vegetarian Vegetable Fingers with Chips and Garden Peas or Baked Beans
DINE Jackets or Pasta	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.
Dessert Sweet choices	Vanilla cookie	Lemon Drizzle	Chocolate Brownie	Flapjack	Jelly

Freshly made sandwiches and crudites are also available

Fresh Bread is available daily with a choice of Yoghurt, and Fruit instead of dessert

MIQUILL

DINE

WITH MIQUILL

WEEK TWO

	MONDAY <i>Comfort Food</i>	TUESDAY <i>Italian</i>	WEDNESDAY <i>Roasts</i>	THURSDAY <i>AROUND THE World</i>	FRIDAY <i>Fish & Chips</i>
DINE Main Meal	Sausages & Onion Gravy with Mash and Peas & Carrots	Meat Feast Pizza with with Potato Wedges and Green salad	Honey Roasted Gammon with Roast Potatoes, Gravy and Carrot or Broccoli	Chicken Tikka Masala with Wholegrain Rice and Roasted Carrots	Fish Fingers with Chips and Garden Peas or Baked Beans
DINE Vegetarian Meal	Veggie Sausages & Onion Gravy with Mash and Peas & Carrots	Cheese & Tomato Pizza with with Potato Wedges and Green salad	Macaroni Cheese Carrot or Broccoli	Vegetable Korma with Wholegrain Rice and Roasted Carrots	Vegetable Fingers with Chips and Garden Peas or Baked Beans
DINE Jackets or Pasta	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.
Dessert Sweet choices	Rice krispie cake	Fresh Fruit Salad	Apple crumble slice	School cake	Orange Cookie

Freshly made sandwiches and crudites are also available

Fresh Bread is available daily with a choice of Yoghurt and Fruit instead of dessert

MIQUILL

DINE

WITH MIQUILL

WEEK THREE

	MONDAY <i>Comfort Food</i>	TUESDAY <i>Italian</i>	WEDNESDAY <i>Roasts</i>	THURSDAY <i>AROUND THE World</i>	FRIDAY <i>Fish & Chips</i>
DINE Main Meal	Hot Dog with Wedges and Baked Beans	Carbonara with Penne Pasta Garlic Bread, Sweetcorn or Peas	Roast Chicken Stuffing & Gravy with Roast Potatoes and Carrot or Green beans	Chicken Chow Mein with Mixed vegetables	Fish Fingers with Chips and Garden Peas or Baked Beans
DINE Vegetarian Meal	Veggie Hot Dog with Wedges and Baked Beans	Mac 'n' cheese with Garlic Bread, Sweetcorn or Peas	Cheese & Potato Pie with Carrot or Green beans	Veggie Chow Mein with Mixed vegetables	Vegetable Fingers with Chips and Garden Peas or Baked Beans
DINE Jackets or Pasta	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.	Jacket Potatoes and Pasta available daily.
Dessert Sweet choices	White chocolate chip cookie	Lemon drizzle cake	Shortbread	Jelly	Rainbow Cookies

Freshly made sandwiches and crudites are also available

Fresh Bread is available daily with a choice of Yoghurt and Fruit instead of dessert

MIQUILL

